

Headache Buster Blend

30 DROPS PEPPERMINT

30 DROPS LAVENDER

10 DROPS FRANKINCENSE

10 DROPS WINTERGREEN

10 DROPS BIRCH

PUT IN 1/3 OZ (10ML) GLASS ROLLER BOTTLE AND TOP OFF WITH FRACTIONATED COCONUT OIL. RUB ON TEMPLES, TOP OF FOREHEAD, BRAIN STEM, AND BACK OF NECK.